



THE ART OF LIVING FOUNDATION

We Care for You • We Care for the World

Please fill out this form as part of instruction in the Art of Living Course, as taught by Sri Sri Ravi Shankar.

PART 1 COURSE REGISTRATION FORM

THIS FORM WILL BE KEPT CONFIDENTIAL

Name _____ Course Dates _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Email _____

Occupation _____ Date of Birth _____ Sex: Male Female

Course Instructors _____ Course Location _____

How did you hear about the course? _____

Briefly describe your mental and physical health: _____

Please indicate if you have any of these conditions: Asthma Breathing Problems Diabetes Emphysema Epilepsy
 Heart Disease High Blood Pressure Pregnancy

Have you had a history of mental illness or are currently under the care of a psychiatrist please describe?

If you are presently under the care of a physician, or psychiatrist, or have been recently hospitalized, please describe:

Please list any long-standing health problems or recent health concerns (including asthma, high blood pressure, heart disease and breathing problems, diabetes, epilepsy): _____

Please describe in detail any medications you are taking:

Please list any meditation techniques or other self-development courses/techniques you have done:

Date	Course/Technique	Experiences and/or Results
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If you have ever taught yoga, meditation, or any self-development programs, please explain: _____

It is compulsory to attend all sessions of the course. Taking notes and use of tape recorders is prohibited.

Agreement: I understand that any benefits derived from this course depend upon the extent of my participation. I therefore accept full responsibility for the outcome and I willingly agree to follow all instructions and participate fully. I also agree that I will not disclose the content of this course to anyone. I further agree that I will not attempt to instruct others in any of the techniques used in the course until such time as I receive personal training from Sri Sri Ravi Shankar and the Art of Living Foundation.

Refund Policy: After the course begins no course fee is refundable. If a participant is unable to finish the course s/he can take another course for no additional fee. If a deposit is paid ahead of time and a participant does not start the course then all except the deposit is refundable.

Financial - For Office Use Only	
Deposit:	_____
Balance:	_____
Total Paid:	_____

Signature _____ Today's Date _____